

# HEALTH AND HUMAN PERFORMANCE MAJOR WITH EMPHASIS IN HEALTH PROMOTION-WELLNESS, B.S., FOUR-YEAR PLAN

Below is a sample degree plan that can be used as a guide to identify courses required to fulfill the major and other requirements needed for degree completion. The following is only an example and represents a possible course sequence for first-year students entering UW-Platteville in the fall term. The major requirements do not add up to the 120 credits needed for graduation. See your advisor for additional guidance. A student's actual degree plan may differ depending on the course of study selected (emphasis, second major, minor, etc.), placement scores, and incoming credits (transfer, AP, etc.). Students should consult their program advisor(s) to ensure that they have the most accurate and up-to-date information available about a particular four-year degree option.

This sample plan assumes readiness for each course and/or major plan. Some courses may not be offered every term. Courses may not be available at all campuses and/or in all modalities (i.e., in person, online, hybrid, etc.).

Students should use the Academic Advisement Report (AAR) in PASS and work closely with their advisor(s) to ensure completion of all requirements in a timely manner.

	<b>Year 1</b>
<b>First Semester Credits</b>	
ENGLISH 1130	3
HHP 2020	2
HHP 2720	2
HHP 2320	2
MATH 1830	3
Fine Arts General Education Course	3
	<b>15</b>

**Total Credits: 15**

	<b>Year 1</b>
<b>Second Semester Credits</b>	
ENGLISH 1230	3
BIOLOGY 2340	4
HHP 2740	2
HHP 3390	3
SPEECH 1060	3
	<b>15</b>

**Total Credits: 15**

	<b>Year 2</b>
<b>First Semester Credits</b>	
HHP 2060	2
HHP 3920	2
HHP 3950	3
HISTORY 2020	3
HHP 4520	2
PSYCHLGY 1130	3
	<b>15</b>

**Total Credits: 15**

	<b>Year 2</b>
<b>Second Semester Credits</b>	
HHP 3720	4
HHP 3320	3
HHP 2140	3

HHP 3830	2
HHP Elective <sup>1</sup>	2-3
<b>14-15</b>	

**Total Credits: 14-15**

<b>Year 3</b>	
<b>First Semester Credits</b>	
HHP 3020	4
HHP 4500	2
HHP 4620	2
Humanities General Education Course	3
Gender Studies/Ethnic Studies General Education Course	3
Begin preparing 2 letters of recommendation & HP Interview	
<b>14</b>	

**Total Credits: 14**

<b>Year 3</b>	
<b>Second Semester Credits</b>	
HHP 3370	3
HHP 3010	2
HHP 4310	3
Social Science Elective	3
HHP Elective <sup>1</sup>	2-3
<b>13-14</b>	

**Total Credits: 13-14**

<b>Year 4</b>	
<b>First Semester Credits</b>	
HHP 4850	3
HHP 3500	3
HHP 3710	3
HHP 4040	3
HHP 3630	3
Apply for off-campus internship	
<b>15</b>	

**Total Credits: 15**

<b>Year 4</b>	
<b>Second Semester Credits</b>	
HHP 4860	3
HHP 3250	3
HHP 4410	3
HHP 4830	3
World Language General Education Course (if not met in hs)	
Complete Portfolio	
<b>12</b>	

**Total Credits: 12**

<sup>1</sup> Recommend HHP 4020 or a 3000-level HHP course.  
 \* Maintain a 2.75 (NASPE required). Follow admission requirements sheet obtained in HHP office.