

HEALTH AND HUMAN PERFORMANCE MAJOR WITH EMPHASIS IN HEALTH PROMOTION-WELLNESS, B.S., FOUR-YEAR PLAN

Below is a sample degree plan that can be used as a guide to identify courses required to fulfill the major and other requirements needed for degree completion. The following is only an example and represents a possible course sequence for first-year students entering UW-Platteville in the fall term.

The major requirements do not add up to the 120 credits needed for graduation. See your advisor for additional guidance. A student's actual degree plan may differ depending on the course of study selected (emphasis, second major, minor, etc.), placement scores, and incoming credits (transfer, AP, etc.). Students should consult their program advisor(s) to ensure that they have the most accurate and up-to-date information available about a particular four-year degree option.

This sample plan assumes readiness for each course and/or major plan. Some courses may not be offered every term. All courses may not be available at all campuses and/or in all formats.

Students should use the Academic Advisement Report (AAR) in PASS and work closely with their advisor(s) to ensure completion of all requirements in a timely manner.

	Year 1
First Semester Credits	
ENGLISH 1130	3
HHP 2020	2
HHP 2030	2
HHP 2320	2
MATH 1830	3
Fine Arts General Education Course	3
UWPSTUDY 1010	1
	16

Total Credits: 16

	Year 1
Second Semester Credits	
ENGLISH 1230	3
BIOLOGY 2340 or 2140	4-5
HHP 2120	2
HHP 2510, 3330, or 3400	2
POLISCI 1230	3
SPEECH 1010	2
	16-17

Total Credits: 16-17

	Year 2
First Semester Credits	
HHP 2510, 3330, or 3400	2
HHP 2250	2
HHP 2720	2
HISTORY 2020	3
ENGLISH 1330	3
PSYCHLGY 1130	3
	15

Total Credits: 15

Second Semester Credits		Year 2
HHP 3020		4
HHP 3320		3
HHP 3920		2
HHP Elective ¹		2-3
HHP 3950		3
		14-15

Total Credits: 14-15

First Semester Credits		Year 3
HHP 3500		3
HHP 3720		4
HHP 4320		2
HHP 4520		2
Ethnic Studies General Education Course		3
Begin preparing 2 letters of reccomendation & HP Interview		
		14

Total Credits: 14

Second Semester Credits		Year 3
HHP 3010		2
HHP 3360		2
HHP 3380		2
HHP Elective ¹		2-3
HHP 4310		3
Gender Studies General Education Course		3
		14-15

Total Credits: 14-15

First Semester Credits		Year 4
HHP 3710		3
HHP 3830		2
HHP 4620		2
HHP 4850		3
HHP 4040		3
Foreign Language General Education Course (if not met in hs)		4
Apply for off-campus internship		
		13-17

Total Credits: 13-17

Second Semester Credits		Year 4
HHP 3250		3
HHP 4410		3
HHP 4860		3
HHP 4830		3

Complete Portfolio

12

Total Credits: 12

- 1 Recommend HHP 4020 or a 3000-level HHP course.
- 2 Must complete HHP 4870 (off-campus internship) for 6 credits in Summer, Fall or Spring.
- 3 Maintain a 2.75 (NASPE required). Follow Health Promotion admission requirements sheet obtained in HHP office.