

HHP MAJOR WITH AN EMPHASIS IN EXERCISE SCIENCE WITH STRENGTH AND CONDITIONING, B.S., FOUR-YEAR PLAN

Below is a sample degree plan that can be used as a guide to identify courses required to fulfill the major and other requirements needed for degree completion. The following is only an example and represents a possible course sequence for first-year students entering UW-Platteville in the fall term. The major requirements do not add up to the 120 credits needed for graduation. See your advisor for additional guidance. A student's actual degree plan may differ depending on the course of study selected (emphasis, second major, minor, etc.), placement scores, and incoming credits (transfer, AP, etc.). Students should consult their program advisor(s) to ensure that they have the most accurate and up-to-date information available about a particular four-year degree option.

This sample plan assumes readiness for each course and/or major plan. Some courses may not be offered every term. Courses may not be available at all campuses and/or in all modalities (i.e., in person, online, hybrid, etc.).

Students should use the Academic Advisement Report (AAR) in PASS and work closely with their advisor(s) to ensure completion of all requirements in a timely manner.

	Year 1
First Semester Credits	
ENGLISH 1130	3
BIOLOGY 1150 or 1650	5
HHP 2720	2
HHP 2060	2
HHP 2320	2
HHP 2020	2
	16

Total Credits: 16

	Year 1
Second Semester Credits	
ENGLISH 1230	3
BIOLOGY 2140	5
MATH 1830 (required)	3
HHP 2740	2
SPEECH 1060	3
	16

Total Credits: 16

	Year 2
First Semester Credits	
BIOLOGY 2240 (meets BS requirement)	5
HHP XXXX S&C Elective ¹	2-3
HHP 3950	3
Humanities General Education Course	3
Ethnic Studies General Education Course	3
	16-17

Total Credits: 16-17

	Year 2
Second Semester Credits	
CHEMISTRY 1140	4
HHP 3020	4
PSYCHLG 1130	3

HHP XXXX S&C Elective ¹	2-3
	13-14

Total Credits: 13-14

	Year 3
First Semester Credits	
Gender Studies General Education Course	3
HHP 3710	3
HHP 3370	3
HHP XXXX S&C Elective ¹	2-3
HHP 4500	2
	13-14

Total Credits: 13-14

	Year 3
Second Semester Credits	
HHP 4850 ²	3
HHP 3720	4
HHP 3830	2
HHP XXXX S&C Elective ¹	2-3
Social Science General Education Course	3
	14-15

Total Credits: 14-15

	Year 4
First Semester Credits	
HHP 4860	3
HHP XXXX S&C Elective ¹	2-3
HHP 3630	3
HISTORY 2020	3
World Language General Education Course (if not met in hs)	4
Elective, if needed (120 credits required)	3
	11-15

Total Credits: 11-15

	Year 4
Second Semester Credits	
HHP 4880	4
HHP 3250	3
HHP XXXX S&C Elective ¹	2-3
HHP 4830	3
Fine Arts General Education Course	3
	15-16

Total Credits: 15-16

¹ Refer to the Strength & Conditioning check sheet for entire list of elective options. A total of 15 elective credits is required.

² Students must have a GPA 2.75 or higher in Major, Required, and Emphasis courses to qualify for the internships.