

# HEALTH AND HUMAN PERFORMANCE MAJOR WITH AN EMPHASIS IN EXERCISE SCIENCE MAJOR, B.S., FOUR-YEAR PLAN

	Year 1
<b>First Semester Credits</b>	
ENGLISH 1130	3
BIOLOGY 1150	5
HHP 2030	2
HHP 2320	2
MATH 1830	3
UWPSTUDY 1010	1
	<b>16</b>

**Total Credits: 16**

	Year 1
<b>Second Semester Credits</b>	
ENGLISH 1230	3
BIOLOGY 2140	5
HHP 2120	2
HHP 2020	2
HHP 2510 or 3330	2
SPEECH 1010	2
	<b>16</b>

**Total Credits: 16**

	Year 2
<b>First Semester Credits</b>	
HHP 2250	2
HHP 3950	3
BIOLOGY 2240	5
ENGLISH 1330 or PHLSPHY 2530	3
PSYCHLGY 1130	3
	<b>16</b>

**Total Credits: 16**

	Year 2
<b>Second Semester Credits</b>	
HHP 2720	2
HHP 3020	4
HHP 3320	3
HHP 3830	2
CHEMISTRY 1140	4
	<b>15</b>

**Total Credits: 15**

	Year 3
<b>First Semester Credits</b>	
HHP 3010	2
HHP 3360	2
HHP 3380	2

HHP 3720	4
Ethnic Studies General Education Course	3
HISTORY 2020	3
Begin preparing 2 letters of recommendation & HP Interview	
	<b>16</b>

**Total Credits: 16**

		<b>Year 3</b>
<b>Second Semester Credits</b>		
HHP 3920	2	
HHP 4310	3	
HHP 4320	2	
HHP 4520	2	
HHP 4850	3	
POLISCI 1230	3	
	<b>15</b>	

**Total Credits: 15**

		<b>Year 4</b>
<b>First Semester Credits</b>		
HHP 3500	3	
HHP 3710	3	
HHP 4620	2	
HHP 4040	3	
HHP 4860	3	
Foreign Language General Education Course (if not met in HS)	4	
	<b>14-18</b>	

**Total Credits: 14-18**

		<b>Year 4</b>
<b>Second Semester Credits</b>		
HHP 3250	3	
HHP 4410	3	
HHP 4830	3	
Fine Arts General Education Course	3	
Gender Studies General Education Course	3	
Complete Portfolio		
	<b>15</b>	

**Total Credits: 15**

\* Maintain a 2.75 (NASPE required). Follow Health Promotion admission requirements sheet obtained in HHP office.