

# COACHING MINOR

Course	Title	Credits
<b>Required Courses</b>		
<b>Core Requirements</b>		
BIOLOGY 2340	Essentials of Anatomy and Physiology	4
HHP 3020	Physiology of Exercise	4
HHP 2020 or HHP 2230	First Aid/Accident Prevention/Community CPR First Aid/CPR/AED - American Heart Association	2
<b>Requirement One - Choose one of the following:</b>		<b>2-3</b>
HHP 3060	Theory of Coaching	
HHP 4020	Psychology of Coaching	
HHP 4500	Sport and Exercise Psychology	
<b>Requirement Two - Choose one of the following:</b>		<b>3</b>
HHP 3050	Legal Aspects of Sport and Recreation	
HHP 3070	Social Aspects of Sports	
<b>Requirement Three - Choose one of the following:</b>		<b>2</b>
HHP 4520	Injury Prevention and Treatment	
HHP 2720	Anatomical Kinesiology	
<b>Requirement Four - Choose one of the following:</b>		<b>3</b>
HHP 3250	Principles of Strength and Conditioning	
HHP 3950	Human Nutrition	
<b>Electives</b>		<b>4</b>
HHP 2450	Team and Individual Sport Pedagogy	
HHP 4420	Practicum in Athletic Coaching/Administration	
HHP 4620	Advanced Athletic Training <sup>1</sup>	
<b>Total Credits</b>		<b>24</b>

<sup>1</sup> HHP 4620 has a prerequisite of HHP 4520.