

# PSYCHOLOGY (PSYCHLGY)

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## **PSYCHLGY 1130 General Psychology 3 Credits**

An introductory course designed to acquaint the student with the language and methods of psychology and to examine factors affecting human behavior in the areas of motivation, development, intelligence, personality and abnormal behavior.

**Components:** Class

**GE:** Social Sciences

## **PSYCHLGY 2010 Careers in Counseling and Human Services 1 Credit**

Career fields open to individuals with a bachelor's degree in psychology are explored through field trips, invited speakers, and individual research. While the focus is on counseling and human services positions, applications in business settings are also included.

**Components:** Class

**Prereqs/Coreqs:** P. PSYCHLGY 1130

## **PSYCHLGY 2030 Positive Psychology 3 Credits**

This course will explore the field of positive psychology, which focuses on well-being and beneficial behaviors and experiences that contribute to improved quality of life. Topics will include theories and research on strengths, happiness, gratitude, mindfulness, resilience and others. To "test" these ideas, we will apply them to our own lives by engaging in and reflecting upon activities that illustrate positive psychology concepts.

**Components:** Class

**GE:** Social Sciences

**Prereqs/Coreqs:** P. PSYCHLGY 1130

## **PSYCHLGY 2080 Psychology of Women and Gender 3 Credits**

The process and consequences of gender development; review of current gender research and theory in the context of cultural, psychological, biological, historical, and cross-cultural perspectives. The course focuses on the influence of gender in areas such as cognition, value systems, achievement, interpersonal relationships, aggression, and sexuality.

**Components:** Class

**Cross Offering:** WOMGENDR 2080

**GE:** Gender Studies, Social Sciences

**Prereqs/Coreqs:** P. PSYCHLGY 1130

## **PSYCHLGY 2130 Psychology of Prejudice, Discrimination, and Stigma 3 Credits**

The purpose of this course is to provide an introduction to the experimental, social psychological study of stereotyping, prejudice, discrimination, stigma, and intergroup relations, particularly as these topics apply to race and ethnicity. This course aims to promote students' awareness and understanding of the psychological processes underlying prejudice, discrimination and stigma while identifying ways to promote constructive intergroup relations. Beyond the content, this course places a heavy emphasis on critical thinking, research, and applications to everyday life.

**Components:** Class

**GE:** Ethnic Studies, Social Sciences

**Prereqs/Coreqs:** P. PSYCHLGY 1130 and sophomore standing or Instructor consent

## **PSYCHLGY 2230 Introduction to Experimental Psychology 3 Credits**

Commitment to a scientific approach to understanding behavior is what unifies psychology as a profession. This course is designed to introduce students to the basic research methodology of experimental psychology. Course topics include the process of conducting and evaluating research, ethical issues, and the American Psychological Association conventions for the presentation and publication of scholarly materials.

**Components:** Class

**Prereqs/Coreqs:** P. PSYCHLGY 1130 with a "C" or better and MATH 12 or MATH 15 or MATH 1530 or mathematics proficiency level of 15 or above

## **PSYCHLGY 2730 Life Span Developmental Psychology 3 Credits**

A survey of human development theories and research. Topics include the biological, cognitive, emotional, and social development of the individual from the prenatal period through old age and the process of death and dying.

**Components:** Class

**GE:** Social Sciences

**Prereqs/Coreqs:** P. PSYCHLGY 1130 or consent of instructor

**PSYCHLGY 2930 Human Behavior in the Social Environment 3 Credits**

This course examines theories of human biological, sociological, cultural, psychological, and spiritual development across the life span. It will address the range of social systems in which people live (individual, family, group, organizational, and community) and the ways social systems promote or deter people from maintaining or achieving health and well-being.

**Components:** Class

**GE:** Social Sciences

**Prereqs/Coreqs:** P. PSYCHLGY 1130

**PSYCHLGY 3000 Cognitive Psychology 3 Credits**

An analysis of how information about the environment is received, organized, interpreted, stored and recalled, and how these functions affect the behavioral capacities of the individual.

**Components:** Class

**GE:** Social Sciences

**Prereqs/Coreqs:** P. PSYCHLGY 1130 and 6 additional credits of psychology and sophomore standing

**PSYCHLGY 3030 Learning and Behavior 3 Credits**

This course addresses basic theoretical principles and experimental research in learning and behavior. Students will learn the basic principles of behavior modification and the functional approach to understanding and changing behaviors.

**Components:** Class

**GE:** Social Sciences

**Prereqs/Coreqs:** P. PSYCHLGY 1130 and sophomore standing

**PSYCHLGY 3130 Child Psychology 3 Credits**

Surveys the psychological facts, principles, and methods relative to child development from conception to the onset of puberty.

**Components:** Class

**GE:** Social Sciences

**Prereqs/Coreqs:** P. PSYCHLGY 1130 and sophomore standing

**PSYCHLGY 3230 Adolescent Psychology 3 Credits**

The physical, emotional, social and intellectual characteristics and problems of the adolescent.

**Components:** Class

**GE:** Social Sciences

**Prereqs/Coreqs:** P. PSYCHLGY 1130 and sophomore standing

**PSYCHLGY 3430 Physiological Psychology 3 Credits**

Basic anatomy and function of the nervous system; research bearing on the role of physical mechanisms underlying perception, emotion, motivation and learning.

**Components:** Class

**Prereqs/Coreqs:** P. PSYCHOLOGY 1130 and 6 additional credits of psychology and sophomore standing (for biology majors-P. PSYCHOLOGY 1130 AND 8 additional credits of biology and sophomore standing)

**PSYCHLGY 3530 Social Psychology 3 Credits**

Communication, socialization, and the function of the individual in the group; motivation, attitudes, value, leadership, conformity, prejudices and stereotypes, and the social influences they have on the function and development of the self and personality.

**Components:** Class

**GE:** Social Sciences

**Prereqs/Coreqs:** P. PSYCHLGY 1130 and sophomore standing

**PSYCHLGY 3630 The Psychology of Human Sexuality 3 Credits**

This course presents an overview of human sexuality, with a special focus on gender and women's issues. The course will familiarize students with basic biological aspects of human sexuality including sexual anatomy and physiology and sexual arousal; will investigate general topics related to sexuality including contraception, pregnancy/childbirth, sexually transmitted infections, abortion, sexual behavior, sexual difficulties, and sexual enhancement; will address relationship issues, sexual coercion, domestic violence, prostitution and pornography; and will discuss sexual orientation and gender.

**Components:** Class

**GE:** Gender Studies, Social Sciences

**Prereqs/Coreqs:** sophomore standing to enroll in this class

**PSYCHLGY 3960 Behavioral Research I 3 Credits**

Studies of research methodology, ethics, and applied statistics will result in the design of a research proposal approved by your instructor and by the Institutional Review Board for the Protection of Human Subjects (IRB). Activities throughout the semester will focus on the development of critical thinking skills. Behavioral Research II (PSYCHLGY 3970) should be taken in the semester immediately following this course.

**Components:** Discussion, Class

**Prereqs/Coreqs:** P. C- or better required in (ENGLISH 1130 or ENGLISH 1040), 1230, PSYCHLGY 1130 and 2230; MATH 1830; 12 additional upper level psychology credits; 42 semester credits in residence at UW-Platteville and obtain at least a 2.50 cumulative gpa

**PSYCHLGY 3970 Behavioral Research II 3 Credits**

Behavioral Research II should be taken in the semester immediately following Behavioral Research I (PSYCHLGY 3960). The research project designed in PSYCHLGY 3960 will be implemented. Students will complete data collection and analysis, prepare a manuscript in APA format, and present their research. Competencies with the Statistical Package for the Social Sciences (SPSS) and with the critical assessment of research will be developed.

**Components:** Class, Laboratory

**Prereqs/Coreqs:** P. MATH 1830 and PSYCHLGY 3960 with a "C-" or better, a psychology major or consent of department chair

**PSYCHLGY 3990 Psychology of Adulthood and Aging 3 Credits**

The purpose of this course is to provide a general introduction to the multi-disciplinary field of gerontology and examine the biological, social and psychological dimensions of adult development. While the primary focus is on an examination of the theoretical and empirical research on the aging process, students will also have the opportunity to be exposed to aging from an experiential perspective.

**Components:** Class

**GE:** Social Sciences

**Prereqs/Coreqs:** P. PSYCHLGY 1130 and sophomore standing

**PSYCHLGY 4010 Health Psychology 3 Credits**

Health psychology involves the application of basic psychological principles to the study of health, illness, and medical systems. Specifically, this course will address health promotion and maintenance; prevention and treatment of illness, injury and disease; behavioral and social factors associated with health problems; and problems within the health care system.

**Components:** Class

**GE:** Social Sciences

**Prereqs/Coreqs:** P. PSYCHLGY 1130

**PSYCHLGY 4020 Contemporary Issues in Psychology 1-3 Credits**

This course provides students an opportunity to explore the current issues of academic and applied psychology through research and discussion. May be taken more than once if topic is different.

**Components:** Class

**GE:** Social Sciences

**Prereqs/Coreqs:** P. PSYCHLGY 1130 and other prerequisites as appropriate to the topic

**PSYCHLGY 4030 Theories of Personality 3 Credits**

Theories of Personality introduces students to the major domains of personality theory (biological, dispositional, cognitive, and sociocultural) and current research in personality. Special topics in personality research will be addressed, such as the self, emotion, interpersonal issues, and sex differences.

**Components:** Class

**GE:** Social Sciences

**Prereqs/Coreqs:** P. PSYCHLGY 1130 and junior standing

**PSYCHLGY 4330 History and Systems of Psychology 3 Credits**

This course is designed to provide a detailed account of the history of psychology. It encompasses both the philosophical antecedents of modern psychology as well as the influential pioneers in the field of psychology.

**Components:** Class

**Prereqs/Coreqs:** P. C- or better in (ENGLISH 1130 or 1040), 1230, PSYCHLGY 1130 and 2230; completed remedial math; 12 additional upper level psychology credits; completed 42 semester credits in residence at UW-Platteville and obtain at least a 2.50 cumulative gpa

**PSYCHLGY 4430 Psychopathology 3 Credits**

Psychopathology examines the classification, symptomatology, etiology, and treatment of major psychological disorders. This course will also consider the lived experience of those with mental illness, as well as cultural influences, stigma, and other systemic issues surrounding psychopathology.

**Components:** Class

**GE:** Social Sciences

**Prereqs/Coreqs:** P. PSYCHLGY 1130 and junior standing

**PSYCHLGY 4660 Cooperative Field Experience 1-8 Credits**

Enhancement of the educational experience through placement of a student with a cooperating agency, business, industry or institution. The nature of the assignment, type of experience, number of credits, and evaluation procedure to be stipulated in a statement of agreement (learning contract) between the student and department. Minimum prerequisites for enrollment in Cooperative Field Experience include but are not limited to the following: 1)Completion of at least 60 credits with a minimum GPA of 2.50 overall and a minimum GPA of 3.00 for courses completed within the Psychology Department. 2)Completion of 15 credits of appropriate course work in psychology. 3)Completion of all general requirements in English, speech and mathematics. 4)Student must obtain recommendations from two psychology faculty members. 5)Approval of the departmental chairperson, as well as the CFE supervisor. Four credits may be completed toward requirements for the major; up to 3 credits may count toward requirements for the minor; up to 8 credits may count toward the 120 required for graduation.

**Components:** Field Studies

**Prereqs/Coreqs:** P. junior standing

**PSYCHLGY 4730 Individual Study in Psychology 1-3 Credits**

Individual Studies

**Components:** Independent Study

**Prereqs/Coreqs:** P. senior standing; 20 credits in Psych; 2.50 minimum gpa; 3.00 G.P.A. in psychology; completion of all general university requirements in English, speech and math

**PSYCHLGY 4830 Psychology and the Law 3 Credits**

Modern psychological principles in law enforcement, correction and treatment, and the delinquent and criminal personality with a survey of predictive instruments and special problems.

**Components:** Class

**GE:** Social Sciences

**Prereqs/Coreqs:** P. PSYCHLGY 1130 and junior standing

**PSYCHLGY 4840 Substance Abuse I: Theory and Assessment 3 Credits**

This course is designed to provide an overview of basic psychopharmacology, recreational drug use, substance abuse, and dependency. Included in this approach will be coverage of addiction theory, prevention, and assessment. Particular attention will be paid to risk and protective factors associated with abuse and dependency.

**Components:** Class

**Cross Offering:** CRIMLJUS 4840

**Prereqs/Coreqs:** P. CRIMLJUS 1130, PSYCHLGY 1130 or SOCIOLOGY 1030 and junior standing; a biology course is recommended

**PSYCHLGY 4850 Substance Abuse II: Intervention and Special Populations 3 Credits**

This course is designed to provide an overview of the fundamental theories, principles, and techniques of substance abuse counseling. In addition to gaining theoretical knowledge of recognized substance abuse counseling interventions, students will also practice these intervention skills in class. Issues related to case management will be covered including treatment planning, goal setting, continual assessment, referral, record management, and written documentation. Particular attention will be paid to addressing the application of these interventions and case management procedures to culturally diverse special populations. Ethical issues related to substance use and professional responsibility will also be discussed.

**Components:** Class

**Cross Offering:** CRIMLJUS 4850

**Prereqs/Coreqs:** P. PSYCHLGY 4840 or CRIMLJUS 4840

**PSYCHLGY 4930 Techniques of Counseling 3 Credits**

Survey of procedures used by psychologists, including counseling and limited psychodiagnostics. Practice procedures and applications are also emphasized.

**Components:** Class

**Prereqs/Coreqs:** P. nine credits in psychology and junior standing

**PSYCHLGY 4940 Advanced Techniques of Counseling and Psychotherapy 3 Credits**

This course provides students opportunities to expand, implement and refine counseling skills. It affords opportunities for students to learn more advanced techniques, as well as to practice basic counseling skills. The course covers processes of counseling, ethical considerations, theoretical applications, and special populations.

**Components:** Class

**Prereqs/Coreqs:** P. PSYCHLGY 4930 or COUNSLED 7020 or consent of instructor

**PSYCHLGY 4950 Social Work Practice with Groups and Families 3 Credits**

Expands upon the approaches learned in PSYCHLGY 4930 and extends them to work with families and groups. This course focuses on evidence-based social work practice methods, including assessment and intervention techniques used by human service workers. This course emphasizes the general systems theory and the ecological perspective. Social work values and ethics will be addressed.

**Components:** Class

**Prereqs/Coreqs:** P. PSYCHLGY 4930 or consent of instructor