## **UNIVERSITY COUNSELING SERVICES**

Director: Deirdre Dalsing Location: 220 Royce Hall Phone: 608.342.1865 Website: https://www.uwplatt.edu/department/counseling-services (https://www.uwplatt.edu/department/counseling-services/)

University Counseling Services is the primary source of mental health counseling for University of Wisconsin-Platteville students. Licensed mental health counselors provide confidential personal and academic counseling to registered students who have paid segregated fees. Services are provided to assist students with personal, social, developmental, academic, or career concerns related to their educational progress, personal growth, and general well-being. Individual counseling is offered in-person or virtually. Group counseling as well as support groups targeted toward specific topics are available to all students. Additional resources include wellness activities and on-line workshops available through our website.