

COUNSELING SERVICES

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University Counseling Services is the primary source of mental health counseling for students at the University of Wisconsin-Platteville. Licensed mental health counselors provide free, confidential personal and academic counseling to enrolled students who have paid segregated fees. Services are provided to assist students with personal, social, developmental, academic, or career concerns related to their educational progress, personal growth, and general well-being. Individual counseling is offered in-person or virtually. Group counseling as well as support groups targeted toward specific topics are available to all students. Additional resources include wellness activities, substance abuse educational programming and on-line workshops are available through our website. Visit us at <https://www.uwplatt.edu/department/counseling-services> (<https://www.uwplatt.edu/department/counseling-services/>).